July 2018

Teamworks, January 27, 1998

Aurora Health Care

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The US Women's Open, a four-day women's professional golf competition, has chosen The Karen Yontz Women's Cardiac Awareness Center at St. Luke's Medical Center to be the recipient charity of the open.

The open will be held from June 29 through July 5 at Blackwolf Run in Kohler. “It's the biggest week in women's golf, anywhere,” says Audrey Blumenfeld, manager of the center. “I think tickets to the US Women's Open would make great Valentine's Day gifts,” she adds. “Share the spirit and spread the word on heart disease prevention during this premier women's golf event. Your support will be genuinely appreciated.”

An $80 season pass coupon book good for each of the seven days, that can be shared with family and friends, as well as daily tickets for $25 or $30 are available for purchase at the Karen Yontz Center. To purchase tickets, please call Chris or Audrey at (414) 649-5767.
Tributes honor 870 at Hartford Memorial

The 870 lights on Hartford Memorial Hospital's Lifeline Christmas Tree honored or remembered special people and symbolized community support for the Lifeline Program. More than $19,500 was raised to help support the Lifeline Program, which offers independence and security to elderly, handicapped and home-bound people in the Hartford area. The program, which has 130 units in operation, began with 25 units in 1985. Volunteers provide installation, maintenance and monthly testing of the Lifeline equipment.

Sinai Samaritan Medical Center's holiday collection

“A big thank you to all the departments that sponsored families this holiday season,” says John Ujcich, an Aurora parish nurse. Families told John, “You’re a blessing,” “We really appreciate the support,” and “This is wonderful.” John and other parish nurses identified 25 central city families in need of assistance. Other employee food and gift donations helped 50 families through a collection coordinated by Connie Aiello, RN, emergency department.

St. Luke’s South Shore holiday collection

Diane Janicek coordinated sponsorship of 14 needy families in the Cudahy area.

West Allis Memorial Hospital holiday collection

The Gift Giving Tree, coordinated by Kate Deakin, gathered employee contributions of special gifts for 113 needy children in the West Allis schools, and 500 food items for the Good Samaritan Outreach Center at 59th and Burnham.

Aurora collection benefits the Madison Street Outreach Clinic and Second Harvest Food Bank

The Aurora holiday collection, coordinated by Doreen Wheaton, Metro Region facility services, collected more than 10,000 pounds of food, clothing and gifts for the Madison Street Outreach Clinic where the Southside Neighborhood Service Center, a Social Development Commission program, identified recipient families. Also collected was more than $2,600 for the Second Harvest Food Bank, enough to provide nearly 19,000 meals.

In addition to the collections for the clinic and the food bank, 40 families were the recipients of gifts, food, clothing and food certificates from employees and physicians in departments and offices throughout St. Luke’s, St. Luke’s South Shore, Aurora corporate and business offices, Heil Center, Aurora Credit Union, Diversified Care, Inc., St. Luke’s Franklin and Medical-Surgical Clinic.

Doreen says, “It has truly been a pleasure meeting and working with many kind, caring generous people at St. Luke’s, all Aurora affiliates and private physician offices who have helped to make these food and gift drives so successful.”
St. Luke's Medical Center

St. Luke's hosts 56th Life Memorial Service

at 2 p.m. Sunday, Feb. 15, in the auditorium. Many family members of patients who died between September and December will attend. The service lasts about 30 minutes. Refreshments will be served.

St. Luke's Medical Center

Cut the fat, not the flavor

Put prevention into practice at St. Luke's Medical Center.

Attend The Karen Yontz Women's Cardiac Awareness Center low-fat cooking class, 5:30-7 p.m. Wednesday, Feb. 11. The fee is $20 per person. Call Chris to register at (414) 649-5767.

Aurora Behavioral Health Services

upcoming community education

Feb. 14 Inner Messengers of Wellness: The power of dreams to heal mind, body and soul
Feb. 18 Breaking Out of the Obsessive-Compulsive Dilemma
Feb. 23 Depression Busters: How you can help yourself
Feb. 24 What Parents Need to Know About Attention Deficit Disorder
Feb. 25 Eating Disorders Screening

Programs are offered in Wauwatosa and Cudahy. To register, call the toll-free 24-hour registration line: (888) 771-ABHS (2247).

Jill Noie, a nurse on 11LM (med/surg/telemetry unit) at St. Luke's Medical Center, and Dr. John Linscott, Jr., a family practitioner, helped deliver a baby girl at the hospital entrance last month. WTMJ-TV (Channel 4) interviewed nurse, doctor and parents. Jill's reaction: "The baby came too quickly to get the mom to OB. It was a thrill to help deliver a baby. My basic OB training came right back."

St. Luke's Endocrine Diabetes Center seeks volunteers with acting experience to participate in an educational video. Also needed is military-type camouflage clothing that can be borrowed for use as costumes in the video. If you can help, call (414) 649-6640.

Women may reduce their risk of heart disease and stroke by being physically active, eating a balanced diet low in fat and cholesterol, quitting smoking and avoiding other people's smoke.

For information about heart disease and stroke, call The Karen Yontz Women's Cardiac Awareness Center, (414) 649-5767, or the Karen Yontz Heartline, (800) 788-8380.
**Changes in Medicare**
Employees who help family members with Medicare may want to make arrangements to attend one of these free public Medicare Update sessions offered by Freedom 55/65. Learn how changes in Medicare Part A and Part B may affect your family members in 1998. Call (414) 389-2555 to register.

1:30-3 p.m. Thursday, April 16, Friendship Village, 7300 W. Dean Rd., Milwaukee

1:30-3 p.m. Thursday, May 14, West Allis Memorial Hospital, 8901 W. Lincoln Ave.

10-11:30 a.m. Thursday, June 9, Aurora Health Center, W231 N1440 State Road 164, Pewaukee.

**Medicare for beginners**
Employees planning to retire and who will be eligible for Medicare may want to attend a free Medicare for Beginners Workshop sponsored by Freedom 55/65 to learn the basics of Medicare Part A and Part B coverage. The workshop also provides an overview of Medicare supplemental insurance. Attend at one of the following times — 9:30 a.m. Tuesday, March 24, or 1:30 p.m. Thursday, March 26, at West Allis Memorial Hospital, 8901 W. Lincoln Ave. Call (414) 328-6800 to register. Programs are limited to 20 participants.

**Eat Right, Be Light**
Weight Loss Program
6-7 p.m.
Wednesdays, Feb. 25-April 29
Cardiopulmonary Class Room
St. Luke's Medical Center
Call St. Luke's nutrition services at (414) 649-6757 for information or to register.
The fee is $100 for the class, plus $69 for individual diet instruction, which is required before the first class meeting.

**Donate Blood at Hartford Memorial Hospital**
2-6 p.m. the first Tuesday of every month
Call (414) 670-6199 or 800-243-5124 for an appointment.