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Aurora Health Care

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A Journey to Pain’s End
The team effort that brought back a life

Down to Earth
a farmer gives thanks

Introducing:
the new Hanover Society

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Prestigious award ranks Aurora Health Care.
Our First-Class Nursing now First Health Care System in the Country to receive

THE MAGNET AWARD
Recognizing Excellence in Nursing Care

This prestigious national award acknowledges Aurora nurses for their excellence in the delivery of quality nursing services. It identifies Aurora Health Care as a “magnet” health care system which creates a work environment that recognizes and rewards professional nursing.

Thank you to all the talented nurses who fulfill their professional calling in such a meaningful way at Aurora Health Care.

Together, we are setting the highest standards for service and quality in health care – and helping people of all ages live healthier lives.

AuroraHealthCare®
www.aurorahealthcare.org

See “Magnet Award” story on page 41
This issue of *The Spirit* opens with a remarkable story of triumph over tragedy that involves my very good friend Dr. Gary Haug, and the extraordinary team of St. Luke’s physicians who coordinated their care and gave my friend his life back. What makes Gary’s story even more compelling is that day in and day out, physicians, nurses and support staff all over St. Luke’s draw on each others’ expertise and take innovative approaches to saving lives and returning *quality of life* to those who had given up hope.

In these pages, you’ll also meet some special donors who give generously in the form of time, talent and resources—people who have found a way of giving to others which satisfies them most. Some donate hand-sewn clothing for the babies born here or proceeds from the sale of handmade ornaments. Others devote their time to serving on boards or committees, or set aside days to help put together one of St. Luke’s mailing campaigns. Still others give of their personal resources. This issue introduces St. Luke’s new Hanover Society, an organization which honors individuals who are able to step up to a leadership level of giving.

Whatever gifts our donors choose to share—resources, time or talent—the result is the same. All give of themselves and demonstrate the true heart of philanthropy... giving to touch the life of another, and to experience the satisfaction of knowing that an urgent need in our community is met.

I hope you come away from this issue of *The Spirit* with renewed affirmation in the many benefits of charitable giving. Our world-class hospital will continue to attract the best professionals working in health care thanks to the many people who provide charitable support.

Brad Holmes
Vice President for Philanthropy
By Christmas of 2000, Dr. Gary Haug was convinced he was going to die.

His bleak outlook on life resulted from a set of tragic circumstances that began in 1998, when Gary’s 21-year-old son suffered a debilitating stroke requiring several brain surgeries. The stress of his son’s illness caused Gary to develop a disease of his own, with symptoms so mysterious and painful that he was forced to give up a thriving ophthalmology practice. He was confined to a wheelchair, in acute pain. “It felt like the bones in my feet were being crushed 24 hours a day,” he recalled. Symptoms of a heart ailment and back problems soon appeared. The doctors he consulted were baffled at his deteriorating condition.

Today, Gary has his life back. He walks daily and has recovered a spring in his step and a zest for living. Son Andrew is back in music school, pursuing a career as a professional drummer.

If you ask him today, Gary will enthusiastically credit the source of his turnaround. “The people at St. Luke’s saved two lives; both mine and my son’s,” he said. “We were on a path of destruction, and I don’t know what we would have done if they hadn’t worked with us to stop it.”

**A Sudden Numbness**

The first sign of Gary’s debilitating health trouble came in October 1999 in an Orlando, Florida hotel room. He woke one morning to prepare for a day-long medical conference, only to find that his hands were numb. “I thought maybe I’d just slept with my hands in a funny position, and it would wear off,” he remembered. Surprisingly, his fingertips were still numb at noon. By the end of the conference, he was concerned enough to cancel a surgery later in the week. He saw his doctor after returning home to Minocqua in northern Wisconsin, and received a dual surprise: he had diabetes and neuropathy, a diabetes-related deterioration of the nerves in his hands, feet, arms and legs.

Gary and his wife Glenda believe the sudden onset of diabetes and neuropathy was partially brought on by stress of dealing with son Andrew’s 1998 stroke. The parents stood helplessly by as their grown son endured extreme pain, multiple surgical procedures and a serious infection of the dura, the protective membrane surrounding the brain. Relief for Andrew didn’t come until close family friend Brad Holmes, vice president of philanthropy in Aurora Health Care’s Metro Region (and Andrew’s godparent), talked with Dr. Arvind Ahuja, a neurosurgeon at St. Luke’s. After Brad explained the problems Andrew was experiencing, Dr. Ahuja urged the Haugs to bring their son to St. Luke’s as quickly as possible to fight the infection’s spread.

Their immediate trip to Milwaukee and the subsequent surgery at St. Luke’s began a life-saving turnaround, which eventually led to Andrew’s full recovery. “We were so fortunate in Andrew’s case,” Brad observed. “Dr. Ahuja indicated that if Andrew had come here any later, the infection could have reached his brain and killed him.”
Gary’s own physical health was soon to rival Andrew’s in seriousness. The first signs of illness came in January 2000, and it soon became obvious that this was more than common neuropathy. By March, the 54-year-old physician’s illness forced him to quit medicine, sell his busy northern Wisconsin ophthalmology practice and go into a premature retirement. Even this didn’t stop Gary’s condition from advancing beyond neuropathy’s normal progression. Doctors at his local hospital and a northern regional medical center were perplexed at his unusually rapid deterioration, and offered contradictory theories about how it should be treated. “It was extremely frustrating,” Gary recalled. “I kept telling them what I thought was wrong. The confusion, coupled with the pain I was experiencing, really started to drag me down.”

Desperate Days

Extreme pain became a daily companion. On a 1-10 pain scale where ten is the worst discomfort imaginable, Gary was routinely living with sevens and eights. He was receiving large doses of oral morphine, yet was so uncomfortable that he managed only 2-3 hours of sleep per night. In addition, gastrointestinal difficulties and the side effects of medication led to a serious drop in body weight. “From the waist down, he was just skin and bones,” wife Glenda recalled. “I was very, very concerned about him.”

Back at St. Luke’s in Milwaukee, Gary’s close friend Brad Holmes was becoming concerned as well. A casual pre-Christmas call to the Haugs led to a retelling of the full story: the physical deterioration, the acute pain, the puzzled doctors and an increasing frustration at the inability of the health care system to meet their needs. Gary told Brad he “felt like a number” at the hospital he was using. “It blew my mind how inattentive they were . . . and I’m a physician. I know the system,” Gary recalled. “I can’t imagine how someone unfamiliar with medical care manages to go through this.”

In response, Brad urged his friend to come to Milwaukee and check in at St. Luke’s. “I know Dr. Jay Findling, one of the top experts on diabetes, and I felt that he needed to see Gary as soon as possible.” Brad promised Gary and Glenda he would talk with Dr. Findling right away, and actually reached him early Monday morning. “I told Jay about my very close, personal friend—who was also a colleague of his whom he didn’t even know—who needed his help.” Dr. Findling immediately agreed to see Gary, without hesitation. “That, to me, is what makes St. Luke’s so very special,” Brad stated. “The way physicians like Jay respond to patients is terrific. I owe him my thanks for agreeing to see my friend the very next day.”

Meanwhile, the Haugs were bracing themselves for the long admission wait they had experienced in past hospital stays. To their surprise, they were in a room at St. Luke’s before noon on the day they arrived in Milwaukee. Gary and Glenda were even more surprised by the medical staff’s responsiveness. “They had things orchestrated like a symphony,” Glenda recalled. “Gary was admitted at 11:00, and by 4:00 he’d had consults with six doctors. We had never experienced this quality of care anywhere else. The fact that this took place just a few days before Christmas made it even more surprising.”

Light At Tunnel’s End

Gary’s first Christmas gift that year came within ten minutes of meeting Dr. Findling, director of the Endocrine Diabetes Center at St. Luke’s. After an examination, he instantly recognized the symptoms of a rare
Coordinated Care Treats a Puzzling Disease

Dr. Jay Findling
Director of the Endocrine Diabetes Center

Dr. James C. Barton
Neurologist

Dr. Joseph Geenen
Gastroenterologist

Dr. Michael Jorn
Psychologist

Dr. Jonathan Kay
Pain Management Center

Dr. John Brusky
Pain Management Center

Dr. Mark Aasen
Pain Management Center

diabetes-related ailment called neuropathic cachexia. “It isn’t surprising that the other doctors weren’t able to recognize the problem,” said Dr. Findling. “We have one of the country’s leading endocrine practices here, and we’ve only seen two or three cases in twenty years.” The name cachexia comes from the Greek words kakos for “bad” and hesis for “condition.” The rare form which manifests itself in diabetics commonly causes extreme weight loss in the trunk and lower extremities, without affecting the upper body. Sufferers lose both fat and muscle mass in trunk and legs, causing eventual difficulty in walking. The deterioration is typically accompanied by extreme physical discomfort. Doctors don’t know what causes the disease. Research points to an autoimmune reaction in the body, of the sort which commonly brings on rheumatoid arthritis.

Before the morning was over, Dr. Findling was coordinating consultations with specialists to attack other problems related to Gary’s cachexia. “I knew we were going to have to put our heads together to help him,” he recalled. “Dealing with the disease . . . and especially the pain issues . . . was just beginning. But simply having a firm diagnosis made Dr. Haug feel a lot better.” Soon, a team of St. Luke’s doctors was on the Haug case. Neurologist James C. Barton, MD, assessed the nerve damage caused by the disease to date. “He experienced one of the biggest advantages of a hospital like St. Luke’s,” Dr. Barton said. “At a community hospital, physicians are only around in the early morning and late afternoon, after they’ve completed their office hours,” he said. “At St. Luke’s, we circulate through the hospital all day long. We’re more available to see a patient, or to consult with other doctors on a particular case.”

World renowned gastroenterologist Joseph E. Geenen, MD, also joined the case on that first day. He discovered gastroparesis, a stomach disorder which limits the organ’s ability to digest food. After consulting with other doctors on the team, he prescribed Gary an antibiotic which causes stomach upset in typical patients, yet proves of great benefit to those with gastroparesis. “It’s a fairly uncommon treatment,” said Dr. Geenen. “Even in a hospital as large as this, we only see two or three patients like Dr. Haug per year. That’s one of the virtues of a place like St. Luke’s . . . we see it all, and we have a broader range of experience to draw upon in a difficult case.”

continued on next page
Even more important, the doctors agreed, is the opportunity to confer with a variety of specialists about the needs of a particular patient. "It isn’t like a cooperative treatment or setting up a meeting to discuss treatments," explained Dr. Barton, "it’s more like a sharing of ideas. It’s informal, yet it’s real . . . and it offers a very real patient benefit."

For Dr. Geenen, the process takes a slightly more organized form. The hospital’s 28 gastroenterology specialists gather in weekly meetings with radiologists and oncologists to discuss patients with difficult diagnoses. "We try to learn as much as we can from one another," he said. "We have some very experienced colleagues who add their wisdom, and some doctors on medical fellowships who know a lot about the latest advances. As a result, our patients benefit by getting the best of both worlds."

By the first day’s end, the Haug team could see a noticeable improvement in their patient. "He was better practically within an hour from the time I first saw him," said Dr. Findling. A key was having a conclusive diagnosis after months of waiting and wondering. "When you finally meet a doctor who can tell you exactly what’s wrong with you," he added, "it’s a tremendous relief and a real boost of confidence for the patient."

**A TEAM OF PAIN SPECIALISTS**

Within the first day of Gary’s stay, tests conducted by electrophysiologist Stephen Denker, MD, ruled out the possibility of suspected cardiac difficulties or back problems. This freed the team of physicians to address the issue of pain management, Gary and Glenda’s #1 concern. "By the time we got to St. Luke’s, the pain was so bad Gary almost wanted to die," Glenda recalled. "After the pain management people went to work, it was like watching a person get his life back."

A pain management team moved into action as soon as the Haugs arrived. Mark Aasen, MD, was the first pain specialist to see Gary that day. He knew immediately that this was a patient whose life was about to change for the better. The team, led by Jonathan Kay, MD, and John Brusky, MD, co-directors of Aurora’s Pain Management Center, began with a conservative approach and quickly moved to more aggressive measures. "We recognized very quickly that Dr. Haug had quite a unique case," Dr. Kay recalled. "The type of neuropathy he had was progressive and very severe. We see possibly one case a year that has a severity as devastating as his."

"**THAT’S ONE OF THE VIRTUES OF A PLACE LIKE ST. LUKE’S . . . WE SEE IT ALL, AND WE HAVE A BROADER RANGE OF EXPERIENCE TO DRAW UPON IN A DIFFICULT CASE.**"

The doctors agreed to try a completely different approach, according to Dr. Aasen. "We knew he was on heavy doses of narcotics and they weren’t giving him relief," he remembered. "We thought we’d achieve better results with a medication pump, which applies pain medication directly to the spine in small continuous doses." The pump minimizes the up-and-down cycle of medication levels an oral medication can bring.

**SWEET RELIEF**

The pump’s effect was striking, and offered the Haugs their first taste of true pain relief in many months. "The pain went from a (level) eight to a (level) one in no time," Gary recalled. Further improvement came through regular sessions with Michael Jorn, PhD, a psychologist on the pain team, who helped Gary deal with the emotional after-effects of months in pain. "People who are in pain can experience a loss, just like a death," said Dr. Jorn. "In Dr. Haug’s case, he experienced a literal job loss as well. I was able to help him work through some of the emotional pain that commonly goes along with the physical discomfort."

Dr. Jorn also taught Gary some self-hypnosis techniques that can help minimize the remaining discomfort without medication.

*continued on next page*
While specialists helped Gary recover his emotional equilibrium, others at St. Luke's were helping him bounce back physically. Foremost in Gary and Glenda's memory were the members of the hospital's 10th floor nursing staff, "who performed outstandingly," Gary enthused. "I've known nurses who were technically correct, but offered nothing beyond technique. That wasn't the case at St. Luke's . . . they were skilled, and exceptionally caring, too." He especially appreciated the little "extras" the nurses offered, like sharing copies of their favorite videos to enjoy during sleepless nights. The same thoughtfulness and dedication came from St. Luke's physical therapists, who helped Gary recover his mobility. "They were pretty good-natured when I called them 'The Pain and Torture Team,'" he said. "I wasn't too eager to get up and move around, but thanks to their encouragement I was soon walking the halls."

"I FELT SO HELPLESS BEFORE WE WENT TO ST. LUKE'S. I WAS BECOMING ACCUSTOMED TO A LIFE OF ACUTE PAIN."

After Gary's ten-day hospital stay ended, the Haugs were once again able to think of the future. The annual New Years family vacation to Mexico, which had been indefinitely postponed, was made possible by the implantation of an internal pain medication pump. The hockey-puck-sized device, implanted in Gary's side, administered three months worth of highly concentrated medication in tiny constant doses. "I was more comfortable than I'd been in a year, and with 1/300 of the drug amount I'd been taking before," he declared. The Haugs were able to continue the healing in the warm sunshine of Puerto Vallarta. At the end of their month in Mexico, they rented an apartment in Tucson, Arizona, to further assist the rest and walking therapy. "I was feeling a lot better," Gary recalled, "but not well enough to face a Wisconsin winter. That has always been a little too much pain for me!" he quipped.

By April of this year, Gary and Glenda were happily back at home in Minoqua. Pain is still a part of Gary’s life, though his discomfort doesn’t nearly come close to the magnitude it was a year ago. His mobility is still mildly limited and he continues to improve his range of motion with a regimen of daily walking.

With his new outlook on life, Gary expresses profound gratitude for the medical hurdles he’s overcome, and the improvements still to come. "I really believe that St. Luke's is to be commended," affirms Glenda. "They really made the difference for us."

Her husband heartily agrees. "I felt so helpless before we went to St. Luke's. I was becoming accustomed to a life of acute pain. Now I feel I can look to the future with a sense of hope."

"I also learned a valuable lesson about modern medicine," he added. "You have to find the hospital and the team of doctors that's right for you. For us, that place is St. Luke's."
TEAM’S GOAL: PAIN-FREE PATIENTS

In a perfect world, no one in a hospital would experience any pain. While that ideal has yet to be realized, dedicated pain management specialists at St. Luke’s Medical Center are taking innovative and far-reaching approaches to keeping patients as pain-free as possible.

“If you’re here and you’re in pain, we’ll be seeing you,” said Jonathan Kay, MD, of the Pain Management Center at St. Luke’s. Sharing responsibilities with John Brusky, MD, Dr. Kay is co-director of a multidisciplinary team of pain specialists focused on bringing comfort to patients 24-hours-a-day, 365-days-a-year. “As far as we know,” he adds, “we’re the only hospital in the area that treats inpatient pain management on this comprehensive a level.”

Providing this depth of service means addressing a patient’s pain from every possible perspective. Eight Pain Management Center physicians lead the effort. Most are specialists in anesthesiology, and some have additional training in family practice and internal medicine. The team also features pharmacists with special expertise in pain medication, and nurses chosen for their experience and specialized training in pain management. Each team includes an on-staff psychologist with expertise in biofeedback, self-hypnosis and other non-medical coping mechanisms.

The justification for this unparalleled coordination of care is a practical one. Studies continue to point to a relationship between better pain control and faster physical healing. Evidence shows that extreme pain can depress the immune system and slow the pace of recovery. Patients distracted by pain are also less likely to comply with the routine therapies (like coughing and deep breathing to recover respiratory function after a surgery) that speed the healing process.

The St. Luke’s pain management specialists are also working to update the approach physicians typically take to pain care. The traditional belief was that medication should be minimized, to avoid the possibility of drug dependency in patients. This approach left many patients undermedicated, and caused them to suffer unnecessary pain. “We are concerned with overmedication as well, so we begin the medication process conservatively,” explained Dr. Kay. “The difference lies in our ability to coordinate our care, which allows us to keep better track of a patient’s progress. We can respond very promptly when a conservative approach is proving ineffective.” The result, he said, is greater patient comfort without excess medication.

Another key to the team’s success is its willingness to allow patients to define and manage their own level of pain. “We believe what a patient says,” said Michael Jorn, PhD, one of three clinical psychologists at the Pain Management Center. “When a patient comes into my office, I like to believe that they are truly in pain. I don’t tell people that it’s all in their heads. It’s real to them, and I’m here to help them address the source of their pain—whatever that source may be.”

While the practice of pain management has improved, Dr. Kay still stresses the need for a delicate balance between dealing with necessary pain and elimination of all discomfort. “We all struggle with what appropriate expectations should be,” he said. “That’s why we see our work as a succession of little victories, rather than an instant, magical success.”

One of the most notable successes of the Pain Management Center is the pioneering use of computerized pain medication pumps. The pump is able to apply very concentrated pain medication directly to the base of the spinal cord, where it is able to travel directly to the source of discomfort without unnecessarily dulling the patient’s senses in the process. A number of the center’s patients have had a small, portable version of the pump implanted beneath their skin. A tiny computer within the implanted device can deliver precise doses of medication for months at a time, freeing the patient from the need to take a daily oral prescription. “Pump therapy has really blossomed,” notes Dr. Kay. “Since I started in practice, things have made such a dramatic change for the better. With our multi-disciplinary approach and technologies like the pump, we’ve really been able to go a long, long way.”

Despite remarkable advances, doctors at the Pain Management Center must deal with the fact that pain is a natural part of life that will never be totally eliminated. “Once in a while you hit a home run,” said Dr. Kay. “That’s what keeps you going and makes it all worthwhile.”
DONOR PROFILE

HER SHINY ORNAMENTS INCLUDE A RAY OF HOPE

Simply by looking at one of Wendy Paustian's Christmas ornaments, you can see half of the reason they are a crowd favorite at craft fairs. To find the other half you'll need to look into the heart of a woman who cares deeply about curing one of America's most dreaded diseases.

A clue to Wendy's inner motivation can be found in a sign displayed at the booth she and her husband John have taken to craft shows across Southeastern Wisconsin. Proceeds benefit breast cancer research at St. Luke's Medical Center says the sign, wedged in among the wooden racks of shiny span-gled, richly colored holiday baubles.

Unlike the show's other crafty entrepre-neurs, Wendy's profits are purely for charity. "To tell you the truth," Wendy stated, "I'm not certain whether they go over because they are so cute, or because they support such a good cause."

There is no question that Wendy's dedication to creating the gifts is strong. Thus far she has created over 1,200 ornaments, each featuring 45-60 pieces of cloth ribbon folded and wrapped by hand around a styro-foam egg. Nearly half of her masterpiecepieces have been given away without charge. "If you are a breast cancer survivor and you stop by our booth, you get an ornament...no charge," Wendy said. "Plenty of people have tried to pay me, but I wouldn't think of taking the money."

By now, the hobby has become so involving that ribbons, eggs and stickpins threaten to take over the living room in the Paustian's south-side Milwaukee home. Each individually handmade creation takes 30-45 minutes of her time. "Every time I finish one, I hug it and say, 'I can't part with this one.' My husband looks around the room at all the ribbons and pins and ornaments and says, 'Oh yes you can!'" she quipped.

The entire ornamental odyssey began with a call from a friend who was a breast cancer survivor. She had just discovered the directions for making the ornament, and thought Wendy would enjoy giving the project a try. "Six weeks later I had made over 100," she recalled. "They are so comforting to make and so adorable to look at, I couldn't stop making them!"

Soon afterward, she began giving ornaments away to staff members in the doctors' offices she frequented (Wendy suffers from a debilitating but non-life-threatening heart ailment). She later began selling a few to staff members who wanted to give them as gifts. "One day I was telling a doctor about it, and he asked me why I was running myself ragged from doctor's office to doctor's office when I could go to a craft show and sit down in comfort," she said. Soon after, she decided to combine her hobby with a desire to help cure breast cancer.

Wendy's concern centers around the most common form of cancer among women. It is estimated that 192,000 cases of breast cancer will be diagnosed in 2001 among American women alone, along with over a million cases worldwide. More than 40,000 U.S. deaths will be attributed to breast cancer in the next year.

"Practically everybody knows somebody who has had breast cancer," Wendy said. She is no exception. In addition to the friend who introduced her to ornaments, she has a dear cousin who is a 26-year survivor of the disease. Wendy also has two healthy daughters, which give her more reason to be concerned about a disease which will strike one woman in eight sometime in life. "I do this in respect for all the women around me," she added.

continued on next page
Wendy is also motivated by a respect for the cancer care work performed at St. Luke’s. She had a firsthand look at the Vince Lombardi Cancer Clinic’s capability when she accompanied her cousin for cancer treatment. “I was so impressed from the moment I walked in the front door,” she stated. “They are so positive at St. Luke’s. We see so much negative in the world...I think their spirit ought to be rewarded.” She was also impressed by the efficiency of the Vince Lombardi Cancer Clinic. “From what I have read and seen, they are doing the most work for my dollar,” she noted.

“PRACTICALLY EVERYBODY KNOWS SOMEBODY WHO HAS HAD BREAST CANCER. I DO THIS IN RESPECT FOR ALL THE WOMEN AROUND ME.”

If Wendy’s experiences are any indication, the ornament selling business is having a therapeutic effect of its own on people whose lives are touched by breast cancer. She cites one instance in particular of meeting a woman at a craft show who was newly diagnosed with breast cancer. “We met her on a Saturday and she had just been diagnosed on Wednesday,” Wendy recalls. “She was newly divorced, and had just moved to town. She had nobody to turn to. As we talked, the tears flowed...we were both in tears by the end of the conversation. John and I have thought a lot about her in the days since.”

These days, the Paustians have plenty of things to think about. They are preparing to move to Columbia, Missouri. Though her address will change, her dedication to making and selling ornaments for St. Luke’s will stay constant. “I couldn’t stop now,” she said. “Every time I sell an ornament I think to myself, maybe this is the ornament that will make the difference...this little extra money will fund the piece of research that will lead to a cure. That makes every sale a thrill.”

Wendy Paustian sees the fight against breast cancer as a battle fought with spirit as well as medicine and machinery. “These ornaments may not be very big, but I think they can make a big difference.”

“People like to get a gift and remember where it comes from,” she added. “They know that this one comes from the heart.”

Wendy Paustian will be pleased to make one of her specialty ornaments for anyone who sends $12 to her at 5350 N. Creasy Springs Rd., Columbia, MO 65202. You may also reach her via telephone (573/499-3793) or email her at 24601@ticon.com. Each ornament comes in its own gift bag with special tag noting the ornament’s purchase benefits breast cancer research at St. Luke’s. With your donation, please specify the ribbon colors you prefer.
New Endowment Continues the Williams Legacy

For the past 35 years, the Williams’ name has been associated with progress and improvement at St. Luke’s Medical Center. This year Jim and Carol Williams did something to make certain the tradition would continue for many years to come.

The recently established James T. and Carol G. Williams Gamma Knife Endowment continues a history of involvement begun prior to 1965, when Jim found time during his busy days at Grede Foundries to serve on St. Luke’s Board of Directors. The involvement of Carol’s father, Arthur L. Grede, reaches far back into the 1940s. He, along with other community leaders, had a strong impetus in the growth of the hospital at its present 29th & Oklahoma site.

“When I was a child, I remember thinking there wasn’t any other hospital in town,” said Carol. “My father was so dedicated. He definitely inspired us to get involved, as he had many others.” The commitment of the Grede family to St. Luke’s Medical Center is demonstrated through their giving, resulting in the naming of the Grede Boardroom at the hospital.

Jim and Carol Williams’ dedication is expressed in the form of the Williams named endowment, which is currently engaged in funding St. Luke’s new Gamma Knife Center. The Gamma Knife’s high-tech capability offers surgeons the opportunity to perform delicate brain surgeries without a single scalpel cut. “This is really going to be big for the future,” Jim said. “It’s now in its infancy, but it’s a thing that has to be done.” Carol adds, “We had a close friend who died of brain cancer. He might have been saved if we would have had the Gamma Knife then.”

The need to advance medical science is an imperative that Jim Williams learned firsthand, as a member of St. Luke’s board during the days the hospital was a pioneer in heart surgery. “Now I see that if you don’t do it, it won’t get done,” Jim said. “I think of the years we stopped activity with heart transplantation because we thought it was an ‘iffy’ operation. I’ve come to see that you need to press onward, and I’m glad the endowment helps us to be a part of that.”

Named Endowments Are a Lasting Legacy

The James T. and Carol G. Williams Gamma Knife Endowment is one of the newest of St. Luke’s Named Endowments. Establishing a Named Endowment is an ideal way to create a truly enduring legacy, and to express your lasting concern for the health and welfare of our community.

The original gift within an endowed fund remains intact forever. Only the interest earned from investments on the gift is used. This makes it certain that the fund will continue to benefit St. Luke’s for many decades to come.

A Named Endowment can be established to honor the donor, or the memory of a beloved parent, friend or family member. Proceeds can be earmarked for a specific purpose (as in the Williams endowment) or directed to the area of greatest need. A gift of $25,000 or more—as an individual gift or a three- to five-year pledge—establishes a named endowment.

There are many benefits for the donor:

- Tax deductibility, plus other advantages depending on your financial circumstances
- The opportunity to channel ongoing funds to an area of special concern
- Prominent recognition, including a plaque recognizing the named fund, in St. Luke’s distinguished recognition area
- Freedom to add to your endowment at any time or to celebrate special occasions
- Complete flexibility in financial arrangements: an endowment may be established with cash or property, during life or through an estate, or in a life income plan which provides a steady source of personal income during the donor’s lifetime

To find out more about establishing a Named Endowment, please contact Laverne Schmidt in the Office of Philanthropy at (414) 649-7123.
Jim and Carol’s personal life is a good advertisement for pressing onward. They enjoy working around their country-style home on a scenic hilltop near Hartford. Carol is busy tending her garden and 32 apple trees, which supply cider and apple pies for friends and family.

Board membership is still a priority activity for Jim, who currently serves on the board of the Aurora Foundation. Carol typically accompanies Jim to meetings, partly for the pleasure of seeing old friends.

Involvement seems to be a continuing tradition in the Williams family. Upon reflection, they are pleased with the rewards of life in a tradition of service. “It’s been a great way to invest our time and effort,” said Carol, “and it is particularly satisfying to know that the tradition will continue to benefit future generations.”

Carol and Jim Williams were honored at the 2001 Dessert Gala as Philanthropists of the Year.

**Named Endowment Funds**

- John H. and Hope E. Barr Immunotherapy Research Endowment Fund
- Mitzi L. Dilworth Nursing Education Fund
- Fred and Jay Dobner Endowment Fund
- Merle and Eunice Eggen Designated Fund
- Employee Philanthropy Club
- John and Judy Gardetto Heart and Cancer Endowment Fund
- Fred C. and Edna Goad Educational Endowment Fund
- Larry J. Horton Leukemia Endowment Fund
- Jahr Cancer Research Endowment Fund
- Knisely Clinical Pastoral Education
- Medical Staff Endowment Fund
- Russell Rutter Nursing Education Fund
- Schildkraut Memorial Lectureship Fund
- Siebert Pastoral Care Endowment Fund
- R. L. Siebert Endowment Fund
- Walter Schroeder Chair of Nursing
- Walter Schroeder Endowment Fund
- William G. Schuett Cancer Research and Education Endowment Fund
- Security Cancer Lectureship
- Sileno Families Endowment Fund
- William Worzalla Heart Research Endowment Fund
- Karen Yontz Women’s Cardiac Awareness Endowment Fund
A NEW DISTINCTION FOR LEADERSHIP GIVING

INTRODUCING THE HANOVER SOCIETY

The world-class medical care of today’s St. Luke’s Medical Center is a product of yesterday’s leaders and their willingness to give more of themselves. This same spirit of giving and growth is behind the new Hanover Society of St. Luke’s Medical Center — a special distinction established to honor leadership giving to St. Luke’s.

“It’s an organization of excellence,” states Laverne Schmidt, philanthropy manager. “The Hanover Society is for hospital friends who believe in maintaining our tradition of excellence, and who are willing to lead in giving toward that goal.”

It all began in 1903, when Dr. William F. Malone added a private hospital and medical office to the large, castle-like residence on the corner of Madison and Hanover (now South 3rd) Streets in Milwaukee. Named Hanover General Hospital, the 15-bed facility became the predecessor to the present-day St. Luke’s Medical Center. At a critical point in Hanover General’s history, a group of local businessmen took out personal liens to keep the troubled hospital afloat and renamed it St. Luke’s. “That is the spirit our society wishes to capture,” says Laverne. “They cared enough about the quality of health care for their families that they were willing to go above and beyond.” The Hanover Society seeks to rekindle their spirit in the present generation. “With all of today’s opportunities to advance the art and science of medicine, we need the Hanover spirit more now than ever before,” she adds.

Hanover Society membership includes:

- The Reception of Merit, a private recognition event for all Hanover Society members
- The Wall of Tradition, a special recognition site set aside for Hanover Society members in the hospital’s new Cardiac Tower, now being built on the southeast side of the St. Luke’s campus
- Expanded naming opportunities, including the option to have a room in the new Cardiac Tower dedicated in your name or in honor of a loved one
- Extraordinary recognition for special gifts, including Lifetime Hanover Society membership and designation as a distinguished Doctor of Philanthropy for donors of significant one-time or cumulative gifts
- Continuing membership in St. Luke’s Philanthropists Club, with an invitation to the annual Dessert Gala and all other member benefits
- Above all, members enjoy the knowledge that they are continuing a tradition of excellence at St. Luke’s Medical Center through leadership giving

Membership in the Hanover Society begins with a $5,000 gift to the hospital, and is maintained with an annual gift of $1,000 or more. “The ongoing giving at a leadership level is the true distinction,” says Laverne. “There are so many friends of the hospital who believe strongly in funding the innovative research and advanced technology for which we are known.”

For Brad Holmes, vice president for philanthropy, the Hanover Society meets a critical need. “Sometimes it’s easy to forget the important role philanthropy plays in supporting the outstanding quality of care we offer at St. Luke’s,” he states. “Donor gifts through the years have made this hospital what it is today, and are critical to maintaining the standard of excellence we’re recognized for the world over. In essence, we’re asking today’s philanthropists to honor their predecessors by starting a giving tradition of their own.”

In this new century of discovery, the Hanover Society strives to provide an opportunity for leadership giving to help meet the challenges of the future . . . today.

To become a member of the Hanover Society or to learn more about its benefits, contact Laverne Schmidt at (414) 649-7123.
Many people give a gift to St. Luke's as a remembrance. Far rarer is the motivation of Ken Stoll, who gives because of something he forgot.

Ken's story begins on a balmy summer afternoon in 1998, while he and his wife, Dorothy, were entertaining a few friends. "I remember I was sitting on our patio, and I had a headache," Ken recalled. "The next thing I knew two weeks had gone by, and I was lying in an intensive care unit. Two weeks gone... just like that."

"They were there when our need was the greatest... it's the least we can do to do the same."

The time-robber was a stroke, which kept Ken at St. Luke's Medical Center for six weeks of treatment and therapy. "For a while I didn't know who I was or where I lived. I couldn't even remember how to add," said the retired salesman who once specialized in technically complex construction machinery. "I'll never forget what happened one day," recalled Dorothy. "Ken turned to me and said, 'It's amazing how much this facility looks like St. Luke's.' For some reason, he thought he was in Kansas City!"

Today, Ken is fully recovered and thoroughly thankful. This thankfulness is the reason Ken and Dorothy gave the gift that made them inaugural Founding Members of the new Hanover Society (for details on the Hanover Society, see story on page 14). While they obviously appreciated the excellent health care Ken received, they were equally impressed with the personal and emotional support Dorothy received during the 1½-month hospital stay. "People were so nice to me during a very tough time," Dorothy recalled. "Especially the nurses, and the people in rehab. We still stop in from time to time, just to say hi. They were just such nice people."

An unexpected impulse motivated Dorothy Stoll to stop by the philanthropy department's hallway one day and inquire about the possibility of giving a gift to St. Luke's. As a result of that impulse and after speaking with Kelly Sachse, Regional Manager of Planned Giving, Dorothy and Ken included St. Luke's in their will and now are also members of the Lifetime Philanthropists. "Kelly was very helpful, but we didn't need too much of her expertise," said Ken. "Tax issues aren't our primary concern."

The Stolls were more concerned about the need to continue the high-quality care they received. "There's really a need for our support," Dorothy said, and Ken added, "the hospital can't do the job without our help. They can't keep providing better and better care with the same budget, unless somebody helps."

For this reason, Ken and Dorothy earmarked their Hanover Society gift to go toward any area of greatest need. "They were there when our need was the greatest," Ken said. "It's the least we can do to do the same."
**Staff Profile**

**Kim Sweet is connected to Giving**

When it comes to matters connected to giving, Kim Sweet is in very familiar territory.

Kim, one of the newest additions to the staff at St. Luke’s Philanthropy Department, has spent her entire professional career working for charitable organizations. She comes to her new job from a position at The Jesuit Partnership, where she started as a summer worker in high school.

The Jesuits aren’t the only source of Kim’s experience in sacrificial giving. She is learning self-sacrifice firsthand through her experience as a single parent to seven-year-old daughter Dominique. “She is the apple of my eye,” said the doting mom, who displays her daughter’s picture prominently near the computer screen where she spends her day updating the names, addresses and financial information connected with gifts to St. Luke’s. “She’s in the advanced reading group in her 3rd grade class,” she adds, proudly.

Dominique’s future was one of the big reasons Kim chose to start a new job at Aurora in September 2000. “I wasn’t growing enough in my old job, and with Aurora I have a future.” she said. Eventually, she hopes to afford a home of her own, in a neighborhood with plenty of room for Dominique to play outdoors.

In the meantime, Kim is discovering the pleasures of her new position. One of the biggest, she says, is working with the Stuffer Duffers, a group of volunteers who help fold, collate and stuff envelopes whenever a mailing needs to get out. The group’s welcoming, upbeat attitude give a real lift to Kim’s day. “They are so nice and they have worked on so many mailings that they are able to give me a lot of help. It’s great,” she said, “to work with such a friendly group. I can’t wait until our next mailing.”

One of the most gratifying aspects of Kim’s job is opening the returned envelopes and tallying the donations people send. “I didn’t realize how important giving is to people,” Kim said. “Donors will write us little notes along with their gifts saying, ‘this is all I can give . . . I wish I could give more.’ It’s great to work at a place people care so deeply about.”

**Give a Gift and Receive Income for Life!**

Back in 1993, Rose and her husband, grateful for the care he received from St. Luke’s, established a $5,000 charitable gift annuity with St. Luke’s. They were thrilled that the guaranteed gift annuity income they would receive for life was so much higher than the income from their certificate of deposit. And they got a charitable income tax deduction, too!

Now it’s 2001, and both Rose and her husband have passed away. But their generous gift continues to benefit the patients at St. Luke’s through the Greatest Need Endowment Fund. Amazingly, their $5,000 gift grew over time to almost $6,200! And this was after the annuity made quarterly payments to them for seven years.

For a personalized illustration showing the benefits of a gift annuity for your situation, call Kelly Sachse, Regional Manager of Planned Giving, at (414) 649-7008. You can make a difference for others through these special gifts!

As always, we encourage you to consult with your financial advisor about the tax implications for your personal situation.

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* Two-life rates are slightly lower due to added life expectancy.
IN a sense, you could say that Patricia Roth has had 72 children—and she is hoping to have many more. Possibly as many as one a week. It all depends in part, she says, upon what’s on television.

Pat’s “children” are the newborn infants at St. Luke’s Medical Center who receive the infant hats, mittens, booties, sweaters, blankets and burp pads she sews from soft, warm knit fabrics. Keeping newborns warm in the first days of life motivates her to spend much of her spare time with a needle and thread. Thus far, Pat’s efforts have yielded 36 tiny tasseled stocking caps, a dozen booties and two dozen sets of mittens (one dozen pink, the other blue).

In Pat’s view, there is nothing better than an evening of sewing, accompanied by a gripping suspense drama on TV. The degree of dramatic tension, she says, dictates the rate of stitching. “When ‘Third Watch’ is on,” she says, “you should see me go...these hands are really flying!”

Needlecrafts have been a part of life for Pat and her sister Barb (who share a house on Milwaukee’s south side) since they were children themselves. “When we were little, our mom got us started on embroidery,” Barb recalled. “I still can’t embroider, but we both do just about everything else when it comes to sewing.”

Memories of a mother and dad are one motivator for Pat to contribute her handiwork to St. Luke’s. “We practically lived at St. Luke’s with my mother’s cancer,” said Pat, who helped her mother through a four-year fight with the disease. Their father was also a patient at St. Luke’s. “It became a home away from home for us,” Barb agreed.

Pat’s greatest motivator is her love for children, and the willingness to “adopt” an ever-extending family of kids in the absence of a family of her own. “My head knows that the babies at St. Luke’s aren’t mine,” she said, “but I guess my heart hasn’t quite figured that out yet.”
WAYS TO LEAVE A LEGACY . . . SIMPLY

People who spend their lives making a difference for others often desire to leave a lasting mark on the world after they are gone. There are many simple ways to include charities that have been meaningful to you in your estate plans, enabling you to support them far into the future.

1. Add a “payable on death” designation to your savings account or bank certificate. You can make deposits and withdrawals as usual, but following your death the money will be paid to the named charity. Your estate receives a charitable deduction for the amount contributed.

2. Amend an existing insurance policy you own to add a charity as an additional beneficiary of the policy. Your estate again receives a charitable deduction.

3. Instruct your attorney to prepare a simple, inexpensive codicil to your existing will, creating a bequest for charity of a specified dollar amount, a percentage of your estate, or the remainder after you have provided for other heirs. Your estate receives a 100% charitable deduction for the amount of the bequest.

4. Name a charity as a contingent beneficiary of your will, trust, insurance policy, or retirement plan in the event your named heirs do not survive you.

5. “Give your home” through a life estate agreement by transferring the title of your personal residence, vacation home, or farm to a charity, while still retaining the right to live there for the rest of your life. You will be entitled to an immediate income tax deduction and this gift also reduces the size of your estate.

6. Consider a gift to a charity that will “give back.” A gift to a charitable gift annuity or charitable remainder trust will provide you with guaranteed income for life and other financial benefits. After all income recipients have died, the remaining principal is used to support the programs and services of the named charity.

Taking advantage of these giving opportunities allows you to direct who your wealth will benefit – your family and favorite charities or Uncle Sam. If you would like to explore these possibilities, please contact Kelly Sachse, Regional Manager of Planned Giving, at (414) 649-7008. What you learn may surprise you! Kelly can share ideas that will make a difference in the lives of others even after you are gone, while in many cases still providing you and your loved ones with financial benefits during your lifetime.

As always, we encourage you to consult with your financial advisor about the tax implications for your personal situation.
M&I's Blue Jean Day

Casual dress benefits a serious cause

There is no evidence that blue jeans cause cancer. In at least one Milwaukee company, the denim garments are even doing their bit to help cure the disease.

If you visit the northwest Milwaukee offices of the Check Adjustment Department of M&I Support Services on any Friday, you'll see jeans galore. It's Blue Jean Friday, and the normally business-dressed staff is allowed to dress down in exchange for a 50¢ donation to the Blue Jean Fund. Part of the money raised by the 55-member department is given to support the Vince Lombardi Cancer Clinic at St. Luke's Medical Center.

The idea was born as Check Adjustment Manager Barb Peters sat in the hairdresser's chair. She heard the woman in the next chair describe a similar program at a different company, which required a 25¢ donation to the office coffee fund. “I thought that was a good idea, but we could go it one better,” Peters said. “Giving to a charity was a tradition in our office, so we just put two and two together.”

The connection to Vince Lombardi was made by a department staffer, whose mother was treated for cancer at the clinic. “She was very impressed by how they treated her there, so we thought it would be a good place to support,” added department staff member Phyllis Roeber.

In the weeks since, Blue Jean Friday has become a much-anticipated part of life in Check Adjustment. “That’s especially true when the Friday is a payday,” said department member Sue Koboski. “It’s a little bit of fund raising and a little bit of fun,” she noted.

Last year the department raised $650 in its denim drive. They are hoping to be able to do more in 2001. “It's such a good cause,” said M&I employee Lori Harris. “Cancer touches so many lives. Everybody knows somebody, so everybody is willing to help.”

“Giving to a charity was a tradition in our office, so we just put two and two together.”

Barb Peters, check adjustment manager at M&I Support Services, launched Blue Jean Friday at her work group.
DONOR PROFILE

FARMER HAS DOWN-TO-EARTH ATTITUDE ABOUT GIVING

Right now, Jay Soley is probably positioned between the two things in the world he loves the best: the warm sun of a spring afternoon and the rich brown earth of a freshly tilled farm garden. He considers himself a lucky man, and he isn’t hesitant to acknowledge who deserves the credit for his good fortune.

“I owe a lot to the people at St. Luke’s,” said Jay, a sixtyish former Racine schoolteacher who retired to live the life of a farmer in Nebraska City, Nebraska. “Without the help I received there, I could have had a heart attack and been dead. I think every day about how fortunate I am.”

Many people would consider activities like pitching manure, fixing outbuildings and cutting brush as less than lucky breaks, but Jay isn’t one of them. He has dreamed for years of returning to Nebraska, where he spent happy childhood summers on his uncle’s farm. He and his wife Helen have spent the past two years living the dream after retiring from their Racine jobs. For many years, Helen served as Racine County’s Register of Deeds.

Jay attributes his present ability to spade earth and wield a chainsaw to a series of events now fourteen years in the past. An EKG test done as part of a routine medical check-up revealed serious coronary artery blockage. His doctor suggested surgery as soon as possible. “I was very surprised,” he recalled. “I had always considered myself to be in good shape, and I’d always been physically active. I learned firsthand that heart disease can happen to anyone, not just to those who are overweight and out of shape.”

Jay’s doctor immediately scheduled open-heart surgery at St. Luke’s for the soonest possible day. “I remember the date well, because it was June 6th, D-Day,” he recalled, referring to the anniversary of the World War II battle. Although the day was auspicious, the Soleys entered St. Luke’s with confidence. “We were very pleased that the surgery was being done at a hospital with St. Luke’s reputation,” he said. “Their long history of success definitely reassured us.”

Jay and Helen were still celebrating the operation’s success when they received a request from the St. Luke’s philanthropy office, asking them to consider a charitable gift to the hospital. “I immediately thought giving a donation would be a good idea,” said Jay. “I really didn’t know how to thank them enough.”

In each year since, Jay has continued the thankful gesture. “I don’t think a year has gone by without making a contribution. Every year I look for the letter from St. Luke’s,” he said.

There has been plenty to be thankful for in the years since, as Jay has enjoyed excellent cardiac and all-around health. Things have been so stable that Helen has felt free to do a bit of globetrotting. She recently spent a month in Albania, helping the former Soviet bloc country set up a western-style register of deeds system. “She loves it,” her husband volunteered. “It really feels great to be able to use your experience to help people who really need it.”

As for Jay, he’ll be busy planting, fertilizing and weeding the garden of carrots and cucumbers, along with tomatoes and jalapeno peppers for a zippy homemade salsa. “That’s my spice in life,” he said.

ST. LUKE’S PHIlanTHROPISTS CLUB

St. Luke’s Philanthropists Club is an annual giving club established to honor and recognize annual donors of $100 and above for their charitable support of St. Luke’s Medical Center. Recognition is provided on an annual basis with your name engraved on a unique display in a prominent location near the main entrance. Membership benefits also include an invitation to the Annual Dessert Gala.

We cordially invite you to join the many friends of the hospital with your charitable support and become a member of this prestigious honorary organization. Your generosity will have a significant impact on people’s lives. For further information, please call Laverne Schmidt, Office of Philanthropy, at 414-649-7123.
A generous, anonymous donor has given two valuable collections for a winner-take-all auction, with the proceeds to benefit colon cancer research at St. Luke's.

**Beanie Babies**
We're accepting bids on a collection of over 400 Beanie Babies, the lovable stuffed animals that sparked a collectible craze. The entire collection (partially listed below) includes a number of rare and valuable Beanie Babies—Bronty, Rex and Steg to name a few—and is valued well above the minimum asking bid of $7,500. Every bid will be considered for this outstanding collection, which will be auctioned as one unit (no Beanies will be sold individually). In addition to the collection is a BONUS set of 17 Teeny Beanie Babies which includes Chops the Lamb, Chip the Cat and Claude the Crab!

**Pokemon Cards**
A second auction item, three complete sets of Pokemon cards, is being offered courtesy of the same generous donor. The combined sets are again valued well above the minimum asking bid of $300, and all proceeds will be donated to further colon cancer research at the hospital. Thrill the Pokemon-loving kid—or adult—in your life!

**Bid Form — Deadline for entries is July 16, 2001.**
Please place my bid of

- $___________ (minimum $7,500) for the 400+ Beanie Baby collection
- $___________ (minimum $300) for the 3-set Pokemon card collection

Name ___________________________________________________________
Address __________________________________________________________
City/State/Zip ____________________________________________________
Phone (Daytime) __________________________________________________
(Evening) _________________________________________________________
Email _____________________________________________________________

**BEANIE BABY LIST** (partial):
- Ally 1 (3rd generation tag)
- Bongo 1 (3rd generation tag)
- Broaty 1 (3rd generation tag)
- Bucky 1 (3rd generation tag)
- Bumble 1 (3rd generation tag)
- Caw 1 (3rd generation tag)
- Chops 1 (3rd generation tag)
- Daisy 1 (3rd generation tag)
- Flutter 1 (3rd generation tag)
- Happy (Gray) 1 (3rd generation tag)
- Hoot 1 (3rd generation tag)
- Inch (felt) 2 (3rd generation tag)
- Legs 1 (2nd generation tag)
- Lucky (7 spots glued) 1 (3rd generation tag)
- Nip 1 (3rd generation tag)
- Pinky 1 (3rd generation tag)
- Radar 2 (3rd generation tag)
- Rex 1 (3rd generation tag)
- Seasore 1 (3rd generation tag)
- Seaweed 1 (3rd generation tag)
- Spooky 1 (3rd generation tag)
- Spot 1 (3rd generation tag)
- Spot w/o spot 1 (3rd generation tag)
- Stripes (with fussy belly) 1 (3rd generation tag)
- Sting 1 (3rd generation tag)
- Steg 1 (3rd generation tag)
- Tabasco 1 (3rd generation tag)
- Tank (6 lines) 1 (3rd generation tag)

Viewing of either collection is available by appointment only.

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Virginia Levenhagen and Kathy Zachanasen
It's been almost a year since the last Philanthropy Dessert Gala. I would like to take a few minutes to share with you some wonderful things that have happened since then as a result of being at last year's Gala.

My husband was unable to get away from work last year for the event, so I asked my father to accompany me that evening. This was my first time at the annual Gala and I was not sure what to expect. I never dreamed how things would change for my father as a result of being there that night.

We entered the room and I didn’t recognize anyone. We didn’t know where to sit. We saw a couple of empty chairs a few tables away from where we were standing. We asked if anyone was sitting in the empty seats, and we sat down. We met some lovely people at our table. Johanna and her daughter started a conversation with us.

As we talked with Johanna, we discovered that she had lost her husband about 10 years ago. My father choked up with tears in his eyes, as he told of my mother passing away 3 years prior. Johanna could see the hurt and pain that my father still felt and asked him if he had ever gone to a widowers' support group. My father told her no he didn’t think he could talk about it to a bunch of strangers. After much encouragement from Johanna, by the end of the night my father and I were going to meet her at the next widowers' support dinner.

Weeks later, Dad and I met Johanna at the dinner. There, my Dad met a man who had facilitated a widowers' support group at St. Luke’s. He called Dad and got him into a group. My father's friend, Bill, had recently lost his wife also. Dad invited Bill to join him. These group sessions helped both Bill and Dad.

I have seen some joy return to Dad and a little less pain. Most of all, I think hope has returned. This doesn’t mean he doesn’t still miss Mom, but now I can see a sense of purpose again.

Today, my Dad and Bill attend the support group every month and Dad still goes to Johanna's monthly group dinner, also.

I just thought you might be interested to hear how one Dessert Gala can influence one's life. By the way, Dad has decided to become a member of the St. Luke's Philanthropists Club, also. I just want to thank God for working out the circumstances and to thank you for having the Dessert Gala where hope was renewed.

Thanks sincerely,

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WHY I GIVE:  

JASON LA VAKE

When you picture the stereotypical philanthropist, a fellow like Jason La Vake doesn’t usually come to mind.

Mornings won’t find him cruising to the office in a big black limousine. A big white city bus does the trick for Jason, who commutes daily from his south side home to a job as a dietary assistant in the St. Luke’s Medical Center cafeteria. Business attire is a hairnet and apron rather than a tailored suit.

Despite outward appearances, Jason embodies philanthropy in the truest sense of the word. He is a regular donor to St. Luke’s through the hospital’s Employee Philanthropy Club, and gives in a spirit that would do a Carnegie or Rockefeller proud. “I feel like I’m helping people,” he said, musing over a chocolate milk during a work break. “I think it’s a good cause,” he said, nodding.

Jason also shares another motivation common to many philanthropists: a desire to keep a good thing going as long as possible. “I like my job,” he said. “I want to stay here a long time.”

Will a grand marble statue be erected in honor of Jason La Vake? Probably not. His monument is a living spirit of caring and giving—one which shines as solidly and impressively as if it were chiseled in stone.

“I want people to know I’m a caring and friendly person,” said Jason. In that goal, he is a success in every way.

Dietary assistant Jason La Vake belongs to the St. Luke’s Employee Philanthropy Club.
COOKING WITH SPIRIT: LIME SAUCED CHICKEN

It's time to spring forward and leave the hearty dishes of winter behind. Whether you are looking for something special to serve this Mother's Day or simple enough to serve a crowd for graduation, this recipe is right for you. Lime Sauced Chicken is light, zesty and versatile. Easy to adapt for outdoor grilling all summer long. Round out this dish with couscous and fresh steamed asparagus. It says, “spring is in the air!”

COOKING WITH SPIRIT: LIME SAUCED CHICKEN

Lime-Sauced Chicken

4 medium boneless, skinless chicken breasts (about 12 ounces)

1/2 medium lime
Non-stick cooking spray

Coat a large skillet with non-stick cooking spray. Preheat skillet over medium heat. Add chicken. Cook over medium heat for 8-10 minutes or until tender and no longer pink, turning to brown evenly. Remove from skillet; keep warm.

Meanwhile, remove strips of peel from lime using a vegetable peeler. Cut peel into thin strips; set aside. Squeeze 1 tablespoon of juice from lime. Combine lime juice, apple juice, cornstarch and chicken broth. Carefully add to skillet. Cook and stir until thickened and bubbly. Reduce heat, cook and stir 2 minutes more.

To serve, cut each chicken breast into 1-inch diagonal pieces. Drizzle a small amount of sauce over each piece. Garnish with lime peel. Serve with the remaining sauce.

Note: Sauce can be made ahead, heated and served on grilled chicken.

Nutrient information per serving: 131 calories, 1.5 grams fat, 8 grams carbohydrate, 49 mg cholesterol, 124 mg sodium.

Makes 4 servings.

Contributed by Robin Peterson, Dietician, St. Luke's Cardiopulmonary Rehabilitation Department
Each person has inside a basic decency and goodness. If he listens to it and acts on it, he is giving a great deal of what it is the world needs most. It is not complicated but it takes courage . . . to listen to his own goodness.

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Every good act is charity. A man's true wealth hereafter is the good that he does in this world to his fellows.

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GIFTS RECEIVED FROM OCTOBER 1, 2000 THROUGH DECEMBER 31, 2000
Thousands of candles can be lighted from a single candle, and the life of the candle will not be shortened. Happiness never decreases by being shared.

— BUDDHA

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When writing or updating your will, please remember St. Luke's Medical Center.
AWARD-WINNING NURSING DELIVERS FIRST-CLASS CARE

AURORA NURSES RANK AMONG NATION’S ELITE

Aurora nurses have become the first nurses in Wisconsin to earn the Magnet Recognition for Excellence in Nursing Services, as designated by the American Nurses Credentialing Center. This national designation is the highest level of recognition that can be given to nursing services.

The four-year designation was recently awarded to the hospitals within Aurora Health Care’s Metro Region: St. Luke’s Medical Center, St. Luke’s South Shore, Sinai Samaritan Medical Center, West Allis Memorial Hospital and Hartford Memorial Hospital. The Metro Region group is the first system of hospitals in the country ever to earn Magnet recognition. Since 1993, the honor has been granted to only 21 other individual acute-care hospitals in the U.S.

To be recognized as a magnet hospital, applicants must meet specific criteria that represent excellence in all aspects of nursing services. Magnet status indicates that Aurora nurses continuously improve their skills and that the organization fosters their professional growth and development. The extensive application process included on-site visits by Magnet appraisers who looked carefully at patient outcomes, involvement of the nursing staff in decision-making, nurses’ sensitivity to the cultural and ethnic diversity of patients and families, and nursing management philosophy and practices.

The appraisers took particular note of Aurora’s Metro Region nursing leadership structure and success at empowering nurses as individual professionals.

“Our experience shows that quality happens when we give the greatest possible autonomy to the professional nurse at the patient’s bedside,” said Vicki George, Regional Vice President and Chief Nursing Executive for Aurora’s Metro Region.

“Magnet credentialing is a recognition of the fact that we’ve been successful at shared decision making; at helping nurses grow professionally and respond more effectively to their patients’ needs.”

“This honor is a magnet for nurses and doctors, and for patients,” added Theresa Dirienzo, an alumni staffer who chaired Aurora’s magnet steering committee. “The best people want to work in the best environments. We hope this designation will lead to even greater quality in the years to come, for patients, families and staff as well.”

Vicki George, regional vice president and chief nursing executive for Aurora’s Metro Region
LIFETIME PHILANTHROPISTS

St. Luke’s Medical Center Lifetime Philanthropists is an organization of benefactors and friends of St. Luke’s who have made provision to support the hospital in their estate plans or through life income gifts.

Because of their generous commitment, the excellence of health care available at St. Luke’s Medical Center will be continued and enhanced for present and future generations.

If you have provided for St. Luke’s Medical Center in your estate plans, but are not among those listed, please let us know. We would be pleased to welcome you as a member of the Lifetime Philanthropists.

For more information on becoming a member of the Lifetime Philanthropists, call or write Kelly Sachse, regional manager of planned giving, at St. Luke’s Medical Center Office of Philanthropy, P.O. Box 2901, Milwaukee, WI 53201-2901. Phone: (414) 649-7008.

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We want to recognize those Lifetime Philanthropists who became members in 2000 or made additional gifts in 2000.*

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Edna Goad*
Fred A. Grube
Sally Kuhlmans
Virginia Levenhagen*
Gordon+ and Ruth Lewis
Ingrid Miller
Larry Newman*
Ken and Dorothy Stoll*
Donald- and Rosemary Tendick

Italic print indicates St. Luke’s Philanthropists Club members.
+ Deceased

My theme for philanthropy is the same approach I used with technology: to find a need and fill it.

AN WANG
CHINESE-U.S. ELECTRONIC ENGINEER

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Virginia Levenhagen*
Gordon+ and Ruth Lewis
Ingrid Miller
Larry Newman*
Ken and Dorothy Stoll*
Donald- and Rosemary Tendick

+ Deceased

When writing or updating your will, please remember St. Luke’s Medical Center.
IN MEMORY
In memory of St. Luke’s Lifetime Philanthropists and benefactors whose bequests are living on to advance the quality of health care at St. Luke’s Medical Center

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Reginald L. Siebert
Sidney B. Slocum
Clara A. Speeter
Eleanor Spence
Edna A. Stallman
Minnie Stein
Henry O. Stenzel
Opal A. Stiehm

The fact that I can plant a seed and it becomes a flower, share a bit of knowledge and it becomes another’s, smile at someone and receive a smile in return, are to me continual spiritual exercises.

LEO BUSCAGLIA
U.S. AUTHOR, EDUCATOR
Thank you for your generosity throughout the year.
The Tribute Fund at St. Luke's Medical Center provides you with a meaningful way to honor or remember a family member or friend, a caring nurse, dedicated physician, or anyone special to you. A gift can be made in memory of someone special or in recognition of a significant event such as an anniversary, birthday, a retirement, or recovery from illness.

Contributions to The Tribute Fund are a meaningful remembrance, for they help to meet the immediate and ongoing needs of the hospital and its patients. Your Tribute gift will be an expression of your spirit of giving and caring for that special someone.

When you make a contribution to the St. Luke's Tribute Fund, you will receive an acknowledgment of your gift. Notification also will be sent promptly to the person or family you designate (no mention of the amount of the gift is made).

All Tribute gifts will be recognized in The Spirit of St. Luke's. Recognition of a Tribute Fund gift of $100 or more is also provided on a unique display through membership in St. Luke's Philanthropists Club. Cumulative gifts of $1,000 and above received in memory or in honor of an individual are recognized on a permanent and distinctive brass plaque.

To request a Tribute Fund booklet, please call the Office of Philanthropy at (414) 328-6424.

Yes, I want to support excellence in health and patient care at St. Luke's Medical Center with my gift of:

☐ $25  ☐ $50  ☐ $100*  ☐ $250*  ☐ $500*  ☐ Other $ ________

I wish to make a pledge of $ __________ for a period of __________ year(s)

To be paid ☐ Annually  ☐ Semi-annually  ☐ Quarterly

(Gifts) in memory of ____________________________

(Gifts) in honor of ____________________________

Occasion ____________________________

Please make your check payable to St. Luke's Medical Center and return this form with your gift.

* With your gift of $100 or more, you are invited to become a member of St. Luke's Philanthropists Club. You will receive an invitation to the Annual Dessert Gala and your name will be recognized on a unique display in St. Luke's distinguished recognition area.

<table>
<thead>
<tr>
<th>St. Luke's Philanthropists Club—Suggested Gift Plan</th>
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<tbody>
<tr>
<td>Giving Level</td>
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<td>Diamond</td>
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The Little Luke Fund is a term endowment fund to educate and promote the values of charitable giving to children. Children from birth to 16 years of age are eligible as “honorees” designated by donors such as grandparents, parents, godparents, aunts, uncles, sisters, brothers and friends.

An initial gift of $1,000 in honor of a child establishes a Little Luke Fund. Gifts may be added to the fund throughout its lifetime. Investment income is 100% reinvested. Maturity is reached when value of account equals $25,000. Upon maturity, the account in its entirety is split, with 50% of the matured value allocated for purposes designated by St. Luke’s Medical Center and the remaining 50% allocated by the Honoree for programs and services of St. Luke’s Medical Center and/or Aurora Health Care.

Benefits
- Educates children and young adults on giving to help others
- Educational newsletter geared to child’s interests
- Recognition for child and donor
- Annual reception for children and donors

Information
For more information, contact Laverne Schmidt, Office of Philanthropy, St. Luke’s Medical Center, 414-649-7123.

St. Lukes Medical Center
AuroraHealthCare

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St. Luke’s Medical Center

AuroraHealthCare
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