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### Aurora Cancer Care Connection, Edition 13, 2016

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# Aurora Cancer Care Connection

Your caring connection for support during cancer care

Aurora Cancer Care • Edition 13 • 2016

## Aurora Cancer Care's Cancer Nurse Navigator Program: Support when you need it the most

By Marija Bjegovich-Weidman RN, MSN, OCN, CCAP, Sr. Director, Aurora Cancer Care

The diagnosis is life-changing. Patients and their loved ones express feelings of fear, anxiousness and concern related to their future. Moreover, treatment for cancer involves many specialists and other team members, which can be overwhelming to understand and navigate. Our cancer nurse navigators develop a relationship with our patients and provide continuous support as a single point of contact to coordinate care and facilitate communication between the many cancer team members throughout the continuum of care. Cancer nurse navigators are certified nursing professionals with extensive experience and, often, specialized expertise in oncology. They can guide you and your family from diagnosis through cancer treatment and into post-treatment or survivorship, as well as help you and your family access all the programs and services available. The cancer nurse navigator is also equipped to provide support during end-of-life care.



### The following are a few of the new Cancer Nurse Navigators:



**Ronald Rekowski  
RN, BSN**  
*Cancer Nurse Navigator  
Vince Lombardi Cancer  
Clinic-Sheboygan*

I chose to be a Cancer Nurse Navigator (CNN) because it allows me to use the skills and knowledge I have acquired throughout my years as a Registered Nurse. My knowledge and skills in the nursing field can be an essential resource for patients in times of need. I have a passion for patient and family education, and as a CNN I have the great opportunity to express this. I look forward to contributing to this outstanding cancer care team and working closely with patients and families in their time of need.



**Amy M. Dilley, RN**  
*Breast Care Coordinator  
Aurora Memorial Hospital  
of Burlington*

I came to the Breast Care Coordinator position with many years of nursing in surgical oncology, as well as family experiences with breast cancer. Being able to educate patients on breast care, as well as being a source of assistance and support for patients with breast cancer is an amazing opportunity. This position is very special to me, and with my nursing and family experience, I look forward to being there for my patients and their families.



**Susan Siettman  
RN, BSN, OCN**  
*GYN/GI Cancer  
Nurse Navigator  
Aurora St. Luke's  
Medical Center*

Being a Cancer Nurse Navigator is an opportunity to help patients remove obstacles when the challenges feel like a storm that never ends. It is helping them find normalcy, to find themselves once again under the weight of their diagnosis. Ultimately, it is sharing moments that bring smiles and laughter as they take their journey in the fight we are in together. As a CNN, I will take my love of teaching and play an even bigger role in their survivorship. I can't wait to be a CNN.

# Cancer support groups

## AURORA NORTH NETWORK:

<b>I Love Someone with Cancer support group</b>	<ul style="list-style-type: none"> <li>Aurora Sheboygan Clinic (Chinook room) Second Thursday each month, 6 to 8 p.m. (no group meeting in July)</li> </ul> <p><i>NOTE: I Love Someone with Cancer and Touched by Cancer support groups are a combined group—the first half we have a speaker for the patient and the caregiver, then we break apart. The support groups are held at the same day and time.</i></p>	<p><b>Call Kim at 920-457-6800, ext. 2673, for more information.</b></p>
<b>Touched by Cancer</b>	<ul style="list-style-type: none"> <li>Aurora Sheboygan Clinic (Chinook room) Second Thursday each month, 6 to 8 p.m. (no group meeting in July)</li> </ul> <p><i>NOTE: I Love Someone with Cancer and Touched by Cancer support groups are a combined group—the first half we have a speaker for the patient and the caregiver, then we break apart. The support groups are held at the same day and time.</i></p>	<p><b>Call Debbie at 920-457-6800, ext. 2660, for more information.</b></p>
<b>Look Good...Feel Better</b>	<ul style="list-style-type: none"> <li>Vince Lombardi Cancer Clinic in Sheboygan</li> </ul>	<p><b>Call the American Cancer Society Service Center at 866-460-6550 for more information or to register.</b></p>
<b>Us TOO! Prostate Cancer support group</b>	<ul style="list-style-type: none"> <li>Vince Lombardi Cancer Clinic in Sheboygan (lower level conference room) Third Wednesday of odd numbered months (Jan., March, May, July, Sept., Nov.) 6:30 to 8 p.m.</li> </ul>	<p><b>Call Jeff at 920-457-6800, ext. 2686, for more information.</b></p>

## AURORA MILWAUKEE METRO NETWORK:

<b>Look Good...Feel Better</b>	<ul style="list-style-type: none"> <li>Aurora Medical Center in Summit, Aurora Sinai Medical Center, Aurora St. Luke's Medical Center, Aurora St. Luke's South Shore, Aurora Cancer Care – Grafton, Vince Lombardi Cancer Clinic in Slinger, Aurora West Allis Medical Center</li> </ul>	<p><b>Please call the American Cancer Society Service Center at 866-460-6550, for more information or to register.</b></p>
<b>Support for the Healing Journey</b>	<ul style="list-style-type: none"> <li>Aurora Cancer Care Center in Grafton Third Wednesday each month, 6 to 7:30 p.m. (no meeting in Dec.)</li> </ul>	<p><b>Please call Pat at 262-329-5000, for more information.</b></p>
<b>Us TOO! Prostate Cancer support group</b>	<ul style="list-style-type: none"> <li>Aurora St. Luke's Health Center in New Berlin First Wednesday of each month, 7 to 8:30 p.m. (no group meeting in July)</li> </ul>	<p><b>Please call Greg at 414-328-6491 for more information.</b></p>
<b>Expressive Arts Studio</b>	<ul style="list-style-type: none"> <li>Aurora St. Luke's Medical Center (meeting room D) Second and fourth Fridays each month, 2 to 7 p.m.</li> <li>Aurora Sinai Medical Center Aurora Rehabilitation Center/Easy Street (4th floor) First and third Mondays each month, 3 to 5 p.m.</li> </ul>	<p><b>For more information, please call Jill at 649-6018; or call 414-385-2708 or 414-219-4533.</b></p>
<b>Brain Tumor Cancer support group</b>	<ul style="list-style-type: none"> <li>Aurora St. Luke's Medical Center Third Wednesday each month, 6 to 7:30 p.m.</li> </ul>	<p><b>For more information, please call Lori at 414-385-2317.</b></p>
<b>Your Caring Connection</b>	<ul style="list-style-type: none"> <li>Aurora St. Luke's Medical Center, 12th floor patient tower Second and fourth Tuesdays each month, 1 to 2:30 p.m.</li> </ul>	<p><b>Please call the Cancer Counseling Center at 414-649-6018, for more information.</b></p>
<b>Smoking Cessation (American Lung Association's Freedom from Smoking Class)</b>	<ul style="list-style-type: none"> <li>Aurora St. Luke's Medical Center The Karen Yontz Women's Cardiac Awareness Center</li> </ul>	<p><b>Registration is limited. Please register early by calling 414-649-5767 or visiting <a href="http://aurora.org">aurora.org</a>.</b></p>
<b>Hope and Healing</b>	<ul style="list-style-type: none"> <li>Aurora Medical Center in Summit Vince Lombardi Cancer Clinic (conference room) First Wednesday each month, 5:30 to 6:30 p.m. (no group meeting in Jan.)</li> </ul>	<p><b>For more information, please call 262-434-8800.</b></p>
<b>All About Living – A cancer support group for women (AWP)</b>	<ul style="list-style-type: none"> <li>Aurora Women's Pavilion of Aurora West Allis Medical Center (Savory Spirit Room) Second Thursday each month, 5:30 p.m. to 7:00 p.m.</li> </ul>	<p><b>For more information, please call Susan at 414-329-5967 or visit <a href="mailto:allaboutliving@aurora.org">allaboutliving@aurora.org</a>.</b></p>
<b>Movin' and Groovin' after cancer treatment</b>	<ul style="list-style-type: none"> <li>Aurora Women's Pavilion of Aurora West Allis Medical Center An eight-week educational and exercise class; meets in spring and fall.</li> </ul>	<p><b>Please call Joan at 414-328-6640, for more information.</b></p>

## DID YOU KNOW?

**We have 31 Cancer Nurse Navigators to support patients and their families and loved ones facing cancer across Aurora Cancer Care. If you would like to be contacted by a Cancer Nurse Navigator, please call our Vince Lombardi Cancer Hotline at 1-800-252-2990.**

## AURORA SOUTH NETWORK:

<b>Breast Cancer support group</b>	<ul style="list-style-type: none"> <li>Aurora Wellness Center in Burlington First Monday each month, 5 to 6:30pm (no group meeting in January or July) <i>NOTE: September meeting will be held on September 12, 2016</i></li> <li>Aurora Lakeland Medical Center First Wednesday each month, 4 to 5:30 p.m.</li> </ul>	<i>For more information, please call Amy at 262-767-6374.</i>
<b>Cancer support group</b>	<ul style="list-style-type: none"> <li>Aurora Medical Center in Kenosha Second Monday each month, 1:30 to 2:30 p.m. (no group meeting in Jan., July or Dec.)</li> </ul>	<i>For more information, please call Leann at 262-741-2677.</i>
<b>Look Good...Feel Better</b>	<ul style="list-style-type: none"> <li>Aurora Memorial Hospital of Burlington, Aurora Kenosha Medical Center/Cancer Center</li> </ul>	<i>Please call the American Cancer Society Service Center at 866-460-6550, for more information or to register.</i>

For further information on the cancer support groups, please visit [www.aurora.org](http://www.aurora.org).  
For general inquiries, please contact System Outreach Coordinator Jennifer Jarvey Balistreri at 414-219-4533 or [jennifer.balistreri@aurora.org](mailto:jennifer.balistreri@aurora.org).

## New Medications: Q1 2016

By Peter Stuessy PharmD, BCPS, BCOP, Specialty Pharmacy Coordinator-Oncology, Aurora Cancer Care

New medications are continually being researched and approved by the Food and Drug Administration (FDA) for cancer treatment. This section will highlight new drugs approved recently. Your doctor will know if any of these new medications are appropriate for you. If you have any questions, a pharmacist is available at all of our clinics, either in person or by phone. They are happy to help with any medication concerns or issues.

**Drug highlight:** Daratumumab (Darzalex) is a new injectable infusion drug for patients who have already tried at least three drugs for multiple myeloma. Treatment is given as weekly infusions for eight weeks, then every two weeks for 16 weeks, then every four weeks until progression or toxicity. Adverse effects include infusion reactions (the first dose must be titrated very slowly and takes up to eight hours without a reaction to administration), fatigue, myelosuppression, nausea, back pain, pyrexia, cough and upper respiratory tract infection.



NAME (GENERIC/BRAND)	INDICATION
Irinotecan liposome injection (Onivyde)	Pancreatic cancer
Trabectedin (Yondelis)	Liposarcoma or Leiomyosarcoma
Talimogene Laherparepvec (Imlygic)	Melanoma
Cobimetinib (Cotellic)	Melanoma
Osimertinib (Tagrisso)	Non-small cell lung cancer
Daratumumab (Darzalex)	Multiple Myeloma
Ixazomib (Ninlaro)	Multiple Myeloma
Necitumumab (Portrazza)	Non-small cell lung cancer
Elotuzumab (Empliciti)	Multiple Myeloma
Alectinib (Alecensa)	Non-small cell lung cancer

# Upcoming National Survivorship Symposium

By Jamie Huebschen RN, BSN, OCN, Autologous Stem Cell Transplant Program Coordinator

If you are a caregiver or a survivor of a stem cell, marrow or cord blood transplant, you won't want to miss the **Celebrating a Second Chance at Life Survivorship Symposium** at the Chicago Marriott O'Hare April 30-May 1, 2016. This unique program helps survivors learn how to manage long-term complications of transplant and provides an opportunity to network with hundreds of other transplant survivors and their families. Nationally recognized experts will address topics such as How to Protect Your Health Long-Term, Emotional Challenges After Transplant, Managing Fatigue, Attention and Memory Difficulties, Chronic GVHD, After a Pediatric Transplant, and more. Aurora Cancer Care is a co-sponsor of this event.

To learn more about the symposium and to register, visit [bmtinfonet.org/chicago2016](http://bmtinfonet.org/chicago2016). BMT InfoNet is a not-for-profit organization dedicated to providing transplant patients, survivors and their loved ones with emotional support and high quality, easy-to-understand information about bone marrow, stem cell and cord blood transplants. Since 1990, our networks of medical experts and survivors have helped families navigate the transplant experience. Whether you are just beginning the transplant journey or learning to manage the joys and challenges of survivorship, BMT InfoNet is here to help you every step of the way.



## REGISTRATION FEES

**\$45**  
for survivors  
and family  
members

**\$185**  
for all other  
attendees

*Scholarships are available for survivors and family members who cannot afford the registration fee.*

Call 888-597-7674 (or 847-433-3313 outside the U.S.) for more information on scholarships.

## Southeastern Wisconsin Oncology Nursing Society Survivor Event

By Leigh Braun, RN, Aurora Cancer Care

**A Celebration of Life:  
Oncology Nurses  
Honoring You**

**11 a.m. to 6 p.m.  
Sunday, June 5**

This event honoring cancer survivors will take place at the **Oak Creek Community Center located at 8580 S. Howell Avenue**. Please bring your family as we will have food, drinks and games for the kids, raffle prizes, and the **Pink Heals Fire Truck**. There will also be keynote speakers and tables with a variety of offerings.



*The Southeastern Wisconsin Oncology Nursing Society is the local chapter of the Oncology Nursing Society (ONS). The vision and mission of ONS is to lead the transformation of cancer care and promote excellence in oncology nursing and quality cancer care.*

## Welcome to our new cancer care expert

Manish K. Pant, MD, delivers dedicated, personalized care with thorough explanation and guidance for patients and their family members. With clinical experience in a comprehensive variety of oncology, as well as benign and malignant hematology disorders, Dr. Pant has a special interest in the management and treatment of sarcomas, melanomas, lung cancer and gynecologic cancers.



**Manish K. Pant, MD**  
Hematology/  
Oncology

Dr. Pant earned his medical degree at the University of Illinois at Chicago. He completed both his residency and fellowship in oncology

and hematology at George Washington University, Washington, DC.

In addition to English, Dr. Pant is fluent in Marathi and speaks basic Hindi and Spanish.

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## Aurora Cancer Care Connection

*The information presented in this newsletter is intended for general information and educational purposes. It is not intended to replace the advice of your own physician. Contact your physician if you believe you have a health problem.*

Aurora Cancer Care 3000 W. Montana Street | Milwaukee, WI 53215 | 414-647-3094 or 414-219-4531



[aurora.org/cancercare](http://aurora.org/cancercare)



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