Follow the "5 As" on an Evidence Based Medicine Journey

Assess the process

Appraise the information

Appraise the quality of the evidence and recommendations

Essential Evidence Plus
ACP Journal Club
PARI

Added value - Learn about POC resources from students, the favorite apps

Added value - Get ONE via "Teaching Hospital "Use of UpToDate"

Access the information

Use point of care resources to answer the questions

Cochrane Library
USPSTF Guidelines
UpToDate
Dynamed

Use background resources to help focus the question

5 Minute Clinical Consult
Online Text Books
Up to Date

Ask an answerable question

Apply to the patient

Apply point of care resources according to patient’s contexts, considering needs and appropriate utilization of tests

Epocrates
Motivational Interviewing
Micromedex
Lexicomp

Work with your student to identify a patient who is presenting a good learning opportunity for Evidence Based Medicine, and navigate the EBM journey together!

Learning Opportunities Ahead

Use the following tips as a guide to efficient EBM focused clinical teaching and learning to enhance quality patient care. Follow the 5 As

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Resources